

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Multigrain Cereal, Milk	Apple Sauce, Rice Cakes	Oatmeal Chocolate Cookie, Milk	Granola Bars, Fresh Fruit	Hard Boiled Eggs, WW/Multigrain Crackers
LUNCH	Beef Meatballs in Tomato Sauce, WW/Vegetable Pasta, Cucumber & Pepper Sticks, Parmesan Cheese, Whole Wheat Bread, Fresh Fruit, Milk	Chicken breast Strips, Tri Colour Quinoa, Honey Mustard Sauce, Asparagus and Tomato Wedge, Sour dough Bun, Fresh Fruit, Milk	Alaskan Pollack, Cabbage Rice, Baby Carrots, Marble Rye bread, Fresh Fruit, Milk	Chicken Primavera, WW/Vegetable Pasta, Parmesan Cheese, Garlic Bun, Fresh Fruits, Milk	Beef Hotdogs, Roast potatoes, Ketchup, Green and Yellow Beans, Hotdog Bun, Fresh Fruits, Milk
PM	Yogurt, Arrowroot Cookies	Zucchini Banana Raisin Loaf, Fresh Fruit	Soft Cheese, WW Bagels	Oatmeal Raisin Cookies, Fresh Fruit	No Nut Butter, Raisin Bread
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water
Veggie sticks and Bread may change without notice based on availability	Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.