

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Rice Krispies, Milk	Raisin bread and Soft Cheese	WW Bagels, No Nut Butter	Arrowroot Cookies, Milk	Granola Bars, Fresh Fruit
LUNCH	Mac and Cheese sauce, Carrot and Cucumber Sticks, Muesli Bread, Fresh Fruit, Milk	Chicken Meatballs Sub, Mediterranean Chickpea Salad, Feta Cheese, Hotdog Bun, Fresh Fruit, Milk	Haddock Crunchy, Rice Pilaf, Ketchup, WW Pita, Broccoli Floret and Celery Sticks, Fresh Fruit, Milk	Cabbage Beef Chilli, Cheese, Sour Cream, Cabbage, Hamburger Bun, Fresh Fruit, Milk	Thai Chicken, Caesar Salad, Dressing, Potato Bun, Fresh Fruit, Milk
PM	Apple Strawberry Sauce, Rice cake	Gold Fish, Raisins, Milk	Yogurt, Fresh Fruit	Marble Banana Loaf, Fresh Fruit	Sliced Cheddar, WW/Multigrain crackers
THIRD	pears, water	oranges, water	apples, water	bananas, water	oranges, water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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