

From the Desk of Admin:

September can be a busy month for a lot of us. We are sending some of our preschool children off to kindergarten and welcoming many new families to our Centre!



We are excited to share that our playground renovation is nearly complete! This renovation includes an entire remodel of the existing Preschool area, as well as the addition of an Infant playground.

Don't forget to follow us on instagram @ ttbloordale

Anxiety in Children

As the summer winds down, you may notice changes in your child's behaviour, emotional state, and interests. This can be attributed to many things:

- Older siblings and friends going (back) to school.
- Classmates graduating or moving up within the centre.
- Increased activity in public spaces and activities
- Weather, holidays, and even things like traffic

You may not think your child notices seemingly insignificant differences in the world, but they do! Small changes affect them in big ways.

Anxiety in toddlers and preschoolers presents itself in many ways; most typically in physical "clinginess", lack of sleep, loss of appetite, and lack of emotional regulation.

Talk to your child about these changes to help normalize what is happening. Reassure them that their feelings are valid and that you are there to help them if a new or changing situation is making them upset.

Look for our family resource binders for information on childhood anxiety and more.

Board and Staff News

We would like to welcome Diane and Tamara to Bloordale!

Diane will be joining Preschool 1 and Tamara will be resuming her role in the Infant room. Victoria and Yolanda have moved to our Eatonville location.

The Annual General Meeting Will be held in the Bloordale gym on September 27th at 6:00 pm

Special Dates

September 4th – Labour Day
(The centre will be closed)

September 27th – AGM

September 30th – National Day for Truth and Reconciliation



A national commemorative gathering will be broadcast live from Parliament Hill on September 30, 2023.