

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Apple Sauce, Rice Cakes	Multigrain Cereal, Milk	Chocolate Chip Cookies, Milk	Granola Bars, Fresh Fruits	Hard Boiled Eggs, WW/Multigrain Crackers
LUNCH	Chicken Ricotta Meatballs, WW/Vegetable Pasta, Pepper and Cucumber Sticks, WW Bread, Fresh Fruit, Milk	Breaded Alaskan Pollack, Saffron Rice, Baby Carrots, Ketchup, Corn Bread, Fresh Fruit, Milk	Chicken Burger, Tri Colour Quinoa, Burger Sauce, Asparagus and Tomato Wedge, Hamburger Bun, Fresh Fruit, Milk	WW/ Vegetable Pasta, Turkey in Tomato Spinach Sauce, Cauliflower Floret and Green Beans, Parmesan Cheese, Garlic Bun, Fresh Fruits, Milk	Beef Hotdogs, Roast potatoes, Ketchup, Broccoli Floret and Celery Sticks, Hotdog Bun, Fresh Fruits, Milk
PM	Chocolate Marble Loaf, Fresh Fruit	Cream Cheese, WW Bagel	Yogurt, WW/Multigrain Crackers	Oatmeal Raisin Cookies, Fresh Fruits	No Nut Butter, Raisin Bread
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water
Veggie sticks and Bread may change without notice based on availability	Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.