

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	WW English Muffin, No Nut Butter	Multigrain Cereal, Milk	Apple Sauce, Arrowroot Cookies	Chocolate Chip Cookie, Fresh Fruits	Granola Bar, Milk
LUNCH	Spinach Ricotta Manicotti with Tomato Basil Sauce, Carrot and Cucumber Sticks, WW Bread, fresh Fruit, Milk	Cod Nuggets, Couscous, Ketchup, Baby Corn, Onion Roll, Fresh Fruits, Milk	WW/ Vegetable Pasta, Meat Sauce, Parmesan Cheese, Green and Yellow Beans, Garlic Bread, Fresh Fruit, Milk	Curry Chicken, Rice Pilaf, Broccoli Floret and Tomato Wedge, Multigrain Bun, Fresh Fruit, Milk	Beef Hamburger, Corn Niblets, Ketchup, Sliced Cheddar, Hamburger Bun, Fresh Fruit, Milk
PM	Zucchini Carrot Loaf, Fresh Fruit	Yogurt, WW/Multigrain Crackers	No Nut Butter, Pull Apart Bun	Nachos, Cheese, Salsa	Apple raisin Cinnamon Loaf, Fresh Fruits
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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