



Eatonville Newsletter

February 2023

Celebrating 53 years providing childcare in Etobicoke

From the Desk of Admin

We celebrate Family Day this month! Please consider making this day memorable for you and your family as you plan to do something extraordinary on this day. It may be that you spend the day in your Pajamas at home, have a movie marathon, create some fabulous artwork, and cook a favorite family meal together or that you visit the local hill for some winter sports and end with hot chocolate and cookies. Whatever it is, enjoy the time you spend time together.

Just a reminder for Valentines Day that "No Food Treats" are permitted in the centre.



2023 Tax receipts will be ready for pickup this month!



Board and Staff News

Next Board meeting will be hold on February 7th via ZOOM. Please notify Michelle if you would like to attend.



Terry Tan Child Centres close at 6 pm. Please notify us as soon as possible if you anticipate that you will be late picking up your child. Also note the late fee will be imposed.

Special Dates

2nd – Groundhog Day



14th – Valentine's Day



19th – Family Day

***centre closed**



Importance of outdoor play for children

In the present time, media and digital means are becoming very popular with children. They are spending more time sitting indoors and spending time with their devices.

Children should be encouraged to be active outside as it plays a vital role in their physical development. Running, climbing, jumping help in developing coordination, dexterity, and balance. These activities are helpful for muscle strength and motor skills.

Playing outdoors is helpful in making social connections, making friends, playing peer games, turn taking and sharing.

Being around Nature provides calmness to the mind and develops sensitivity towards plants and animals. Fresh air is important for oxygen intake and mood elevation. Sunlight is a source of Vitamin D which develops the immune system and is helpful in bone and muscle growth.

Outdoor play develops creativity in children as they can use loose parts from Nature and create their own games.

Outdoor experiences provide a wide range of opportunities for sensory engagement.

The list of benefits of outdoor play could go on....

Parents and care takers therefore need to create a balance of screen time and outdoor time.

Take them out, play with them and have fun together!