



### Important Days:

- February 14 – Valentine’s Day
- February 19 – Family Day Centre Closed
- February – Black History Month



### Song of the month:

#### *My Family*

If you peek into my room at night  
(stand on toes as if peeking)  
My family you will see  
(nod head)  
They kiss my face and tuck me in tight,  
(blow kiss)  
Why? Because they love me!  
(hug yourself)

### Skills we will be working on:

- Pull up zipper while Educator helps to start
- Repeat simple words in forming sentences
- Practice breathing exercises
- Practice throwing a big and small ball
- Use a napkin to wipe a mouth during meal time
- Wipe a nose with Kleenex
- Properly wash hands
- Observe changes in nature

### How Does Learning Happen?

When Toddlers are playing with blocks, they are:

- 1.1 developing their social skills
- 3.1 using their gestures and
- 3.2 words to communicate
- 4.2 setting goals & acting to achieve them
- 4.2 experimenting with balance and form
- 4.2 testing their ideas
- 4.3 responding with joy to the predictable outcomes
- 4.4 putting things together and taking them apart
- 4.8 understanding number concepts (memory)
- 4.9 sorting by size and colour
- 5.1 developing gross motor muscles

### Things to do on Family Day with children:

A Nature Walk is a great idea to spend time together. Just dress up your child in warm layers, and pack extra mitts to avoid cold, wet hands.

### *Bake Pea Butter cookies together*

<https://joythebaker.com/2022/01/easy-4-ingredient-peanut-butter-cookies/>

- 1 cup pea butter
- 1 cup sugar
- 1 egg
- 1 tsp baking powder
- 1 tsp vanilla extract

1. Combine pea butter & sugar for 2 min.
2. Add egg, baking powder and vanilla extract and mix for another 2 min.
3. Roll into small balls and create a criss-cross pattern with a fork.
4. Preheat oven to 350 degrees F and bake cookies for 10 – 12 min.



### What did one duck say to his funny friend?

You quack me up!