



Preschool 1

2024

Important Days:

Irish Heritage Month	
International Women's Day	March 8
Daylight Saving Time	March 10
St. Patrick's Day	March 17
First Day of Spring	March 19
Easter Sunday	March 31

Song of the month:

Do You Know What Shape This Is?

(sung to the tune of the Muffin Man)

Do You Know what shape this is?
 Shape this is? Shape this is?
 Do you know what shape this is?
 I'm holding in my hand?
 (hold up a different shape each time you sing)



Do You Know.....

Play is the tool that the brain uses to learn whatever it is developmentally ready to learn. Whether it is stacking blocks to explore the physical properties of the universe or to simply make a friend. Play is there to help explore, compare, evaluate, practice, and so on, until the goal is mastered.

(By the team at Playground Ideas & Nudel Kart)

Skills we will be working on:

Pre-reading and pre-math skills

- 4.12 count from 1 – 10 with familiar objects
- 3.6 engage in give and take when interacting with others (communicative turn-taking)
- 3.11 identify first names on name cards

Social & Emotional Skills

- 1.1 play with other co-operatively (making friends)
- 1.2 express what they want and are thinking and feeling (conflict resolution & social problem solving)
- 2.2 practice to make up roles (recognizing shared abilities)

Gross Motor & Fine Motor Skills

- 5.2 practice being active with our body: jump between objects, dance, roll & run
- 5.2 practice to catch a medium ball
- 5.3 practice folding a blanket
- 5.3 cutting paper with scissors

Self- Help Skills

- 2.1 practice wiping our nose with Kleenex (developing responsibility for themselves)
- 2.3 practice zipping our jackets (setting goals for themselves & working towards them)

Ideas to do at home

Rice Krispies* Treats on-a-stick

- 50 ml butter
- 250 g miniature marshmallows
- Food colouring (optional)
- 6 cups Rice Krispies* cereal
- 12 wooden ice cream sticks
- Flaked coconut
- Multi-coloured sprinkles
- Semi-sweet chocolate chips, melted



1. Melt butter over low heat. Add marshmallows and stir until completely melted. Remove from heat. Stir in a few drops of food colouring, if desired.
2. Add cereal. Stir until well coated.
3. Divide warm cereal mixture into 12 portions. Using lightly greased hands, form into balls. Cool. Insert stick into each ball. Decorate with coconut, sprinkles and/or melted chocolate. Best if served the same day.