# Preschool 2 April 2024 calendar



### **Special Dates**

April 1<sup>st</sup> – April Fool's Day/Easter Monday (centre CLOSED) April 22<sup>nd</sup> – Earth Day

# **Enriching the Program**

Literacy – educators reading different short stories and children ask questions. Music and Movement – different stretching and exercising routines while listening to music



## Skills we will be Working On:

Pre-reading Skills

- Creating stories educator recites a sentence, and each child adds to it and builds a story.
- Labelling letters/sounds of basic words
   Math Skills
- Arranging objects from smallest to biggest
- Reciting numbers by rote from 1 to 10 Motor Skills
- Practice using utensils such as pencil, marker etc.
- Practice balancing on one foot.
   Self Help Skills
- Practice pulling our chairs into the table during mealtimes to prevent spilling.
- Practice toilet learning opportunities like sitting on the toilet, wiping when finished and vocalizing the need to go!

Science Skills

- Listening to different sounds and distinguishing between the sounds heard
- Mixing different colours Social Skills
- Practice asking questions of peers and educators.

Back and forth vocal play between the areas of play

How Does Learning Happen?

Children are competent, capable of complex thinking, curious, and rich in potential. They grow up in families with diverse social, cultural, and linguistic perspectives. Every child should feel that he or she belongs, is a valuable contributor to his or her surroundings, and deserves the opportunity to succeed.

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Congregating together during the parent events allows us to learn and enrich oneself with each other's cultures and events within our families. Pictures are also displayed to showcase these differences.



#### Mindfulness Activities

Take a moment to stop, breathe and look around you. Have a look at the scenery, nature and perhaps take a walk. Make sure to breathe in the fresh air and notice the little things around you like the trees, birds, water etc. These things can help to take your mind off of the everyday things that can become busy or routine. Take a minute to do some deep breathing and stretch different parts of your body too!



#### Ideas to try at home

Allow your child the opportunity to get dressed in the mornings if time is on your side. Give them choices of clothes (two choices for each article of clothing) and allow them to choose the item and have them try to put them on. This will create strong self-esteem and is a strong confidence builder. Remember to give praise for all efforts!