

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Bran Flakes, Milk	Arrowroot Cookies, Milk	Granola Bars, Fresh Fruit	Oatmeal Raisin Cookies, Milk	Cottage Cheese, WW/ Multigrain Crackers
LUNCH	WW/ Vegetable Pasta, Cheese sauce, Carrot and Cucumber Sticks, Quinoa Crisp Bread, Fresh Fruit, Milk	Fajita Chicken, Rice Pilaf, Green Salad, Dressing, Garlic Bun, Fresh Fruit, Milk	Fish Sticks, Couscous, Ketchup, Asparagus and Baby Corn, WW Bread, Fresh Fruit, Milk	WW/Vegetable Pasta, Beef Meatballs in Tomato Sauce, Parmesan Cheese, Baby Carrots, WW Villaggio Bread, Fresh Fruit, Milk	Chicken Nuggets, Roast Potatoes, Ketchup, Celery Sticks and Cauliflower Floret, WW Rolls, Fresh Fruit, Milk
PM	No Nut Butter, Cinnamon Raisin Bagel	Yogurt, Fresh Fruits	Gold Fish, Raisins, Milk	Apple Berry Sauce, Quinoa Crisp	Carrot Bran Loaf, Fresh Fruits
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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