

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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AM	Rice Krispies, Milk	Raisin Bread and Soft Cheese	WW Bagels, No Nut Butter	Arrowroot Cookies, Milk	Granola Bars, Fresh Fruits
LUNCH	Chicken Meatballs in Tomato Sauce, WW/Vegetable Pasta, Cucumber & Pepper Sticks, Parmesan Cheese, Multigrain Bun, Fresh Fruit, Milk	Multigrain Pollack, Rice Pilaf, Ketchup, Baby Carrots, WW Flat Bread, Fresh Fruits, Milk	Chicken Noddle Soup, Salami, Chicken and Cheese Submarine, Cauliflower Floret & Tomato Wedge, Sausage Bun, Mustard, Fresh Fruits, Milk	Beef Lasagna, Green Salad, Dressing, Quinoa Crisp Bread, Fresh Fruit, Milk	WW/Vegetable Pasta, Turkey Primavera Sauce, Parmesan Cheese, Asparagus and Celery Stick, Garlic Bread, Fresh Fruit, Milk
PM	Apple Sauce, Rice cake	Carrot Banana Loaf, Fresh Fruit	Gold Fish, Raisins, Milk	Yogurt, Fresh Fruits	Chocolate Chip Cookies, Fresh Fruit
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

Veggie sticks and Bread may change without notice based on availability	Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.	Legumes are also provided for all children.	Toddler raw veggies are microwaved for one minute before serving.	Water is available with every meal. AM food is snack and not breakfast.	Menu is subject to change based on seasonal availability.
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