

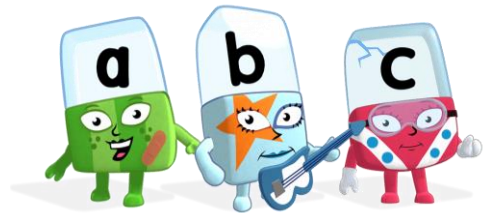
Media usage in Toddlers:

According to KidsHealth, Toddlers 18 months to 24 months old can start to enjoy some screen time with a parent or caregiver. Children this age can learn when an adult is there to reinforce lessons.

By ages 2 and 3, it's OK for kids to watch up to 1 hour a day of high-quality educational programming.

Every child and family is different and the choices you make regarding screen time are the right choices for your family. If you would like to introduce screen time for your child, or would like some quality programming, we recommend Number Blocks as well as Alpha Blocks.

Both shows promote early learning in math and literacy, are easy to follow along, and have short episodes to ensure your child is not exceeding screen time limitations.



Do April showers still bring May flowers?

Who knows! But this month, we will be planning a family event that involves planting in our garden. Be on the lookout for the official date and details!



Important Days:

April 1st – Easter Monday (centre will be closed)

April 10th - Eid ul Fitr (tentative date)

Things we are working on:

Continuing to use self-help skills when dressing and undressing; doing our best to wipe noses and remember to sneeze and cough into our arms

- 2.5 autonomy, 4.1 self-regulation, 4.2 problem solving, 5.1 dressing

Continuing to follow washroom routines, going further to initiate toileting using verbal and nonverbal communication

- 2.5 autonomy, 3.2 language

Learning about respect and consent: our children are learning that their hands are not for hitting, that they need to ask before giving hugs, and that some friends want space when they're upset, and that's okay – they're still our friend.

- 2.1 expression, 2.3 empathy, 2.4 sense of self, 2.5 autonomy

