

INFANT CALENDAR



Skills we will be working on:

Gross motor:

- Reaching for objects on the top shelf stretching their bodies
- Practice going up and down the stool or stairs
- walking without assistance

Self-help skills:

- Finding their own shoes, jacket and hats.
- Eating with utensils

Cognitive:

- Cause and effect exploration: what happens when we push buttons on the toy
- Object permanence – we will encourage children to search for toys that move out of sight

Language:

- Working on turn taking with simple turn taking games.
- Encouraging speaking with words and gestures “More” and doing the sign language

Upcoming Important dates:

September 2nd Labour Day (**Centre Closed**)

September 22nd First day of fall

September 30th National Day for Truth and Reconciliation. By wearing an **orange shirt on September 30th**, you commit to the enduring truth that EVERY CHILD MATTERS, every day and everywhere.

IDEAS TO DO AT HOME

Our little Infants have been enjoying lots of Gross motor activities helping them walk and increase their strength in physical

activity during classroom time.

Some activities that help develop gross motor abilities in infants are

- Standing
- Walking
- Crawling
- Throwing things
- Running
- Sitting without support
- Kicking

Exploring on a texture mat.



Sensory experiences play a crucial role in gross motor skill development for infants. Introducing different textures to your infant can help develop their sensory skills. Take a play mat and place various toys of different textures.

Exploring with blocks.



Blocks are a favourite for every infant because they can move them from one place to another. Build a tower with blocks a little far away from the reach of your infant and encourage them to crawl towards it. You can also keep one or two blocks closer to your baby for help and encouragement.

Rolling a ball.



Take a ball that your little one may enjoy playing with. Make them sit with the help of support, and you sit across from them. Now roll the ball towards your child and let them try to get a hold of it. Do this a few times, and then let your child do the same and roll the ball towards you and explore their ball skills. You can also do this activity with the help of an exercise ball.