

Preschool 1 September 2024

Special Dates

September 2 nd	Labour Day (Centre Closed)
September 22 nd	First Day of Fall
September 30 th	National Truth & Reconciliation Day



Autumn winds begin to blow (blow)
Coloured leaves fall fast and slow
(fall motion with fingers)
Twirling, whirling, all around
(turn self around)
Till at last, they touch the ground
(fall to the ground)



Gratitude

It's never too early or too late to incorporate gratitude into our lives. Something easy we can do with our preschoolers is at the end of the day (maybe at the dinner table or on your ride or walk home) ask your child what was something that made them happy or something they are thankful for today. Share with your child what you are grateful for or what made you happy, as well. At their age, it may just be materialistic, such as a toy; but, eventually, by example and with growth, it will change to reflect their feelings and emotions.

Enriching the Program

We will be enriching our program by offering extra experiences, focusing on literacy, music and creative movement. We will have a person/s come into the room to lead these activities.



Skills we will be working on:

Pre-reading Skills:

- Beginning to learn letters in our name
- Reading and pointing to pictures

Math Skills:

- Counting from 1-10
- Sorting objects by one accordingly

Motor Skills:

- Practice balancing by walking on beam
- Working on throwing a ball forward

Self-Help Skills:

- Practicing hanging up our jackets, bags, etc. on our own hooks.
- Working on unzipping and unbuttoning sweaters/jackets

Science Skills:

- Mixing primary colours to create secondary colours
- Observing changes in the fall season

Social Skills:

- Turn taking with friends
- Using our words to communicate our needs and wants with friends

Ideas for you to do at Home

Children at this age want more autonomy; but of course, their choices are not always appropriate (i.e. wanting to wear a winter hat in summer). A good strategy is to give your child a couple of choices; for example, when your child is dressing to go out, pick 2 outfits that you like and have them pick one they would like to wear. This can work with food, activities, routines, etc.

