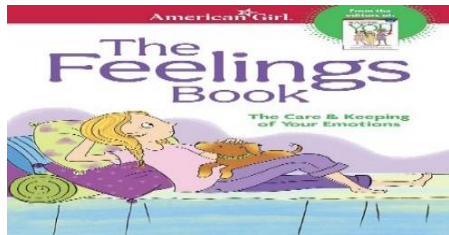


Pre-2 October 2024 Calendar



We are excited to welcome new children and families to our classroom. As the weather changes, we will be concentrating on using all our senses to gather information and increase our skills. This month's focus will be on the ability to **“self-regulate**, which is an important component of child development.” According to HDLH self-regulation is about how a child can deal effectively with stressors and then recover from them. When **children** are focused and alert, they are best able to modulate their emotions, pay attention, ignore distractions, inhibit impulses, assess the consequences of their actions, and understand what others are thinking and feeling. (How does Learning Happen pg. 30)

October 14 Thanksgiving Centre Closed

Social Skills

Continue to follow the classroom routines during transitions as well as during drop off & pick up. (2.5 regulating behaviour)

Practicing turn taking with play materials as well as favourite books (1.6 cooperating)

Skills we will be working on Maths Skills

Setting lunch, picnic, or dinner table. (4.13 determining quantity)

Reciting numbers 1 to 10 and further if possible (4.10 counting)

Self Help Skills

Practice putting on own shoes on correct feet in addition pulling the tongue and placing hand at the back to pull it on.

Practice putting on jacket and sweaters using the flip trick method.

Remembering to wash hands after using the washroom or blowing our noses. (4.1 self-regulation)

Gross & Fine Motor

Strengthening our palmer and pincer grasp by holding a marker, chalk, and utensils correctly. (5.1 tool use)

Galloping with one foot emerging into a skip. (5.2 galloping)

Pre Reading

Engage in back & forth vocal play in all areas of play. eg, book “Who stole the cookie from the cookie jar” by “Margaret Wang.”

Discussing events and experiences that happen over the weekend or during the day. (3.9 recall skills)

Ideas to do at home.

Create a calm family area, use emotional emojis or pictures from your child's favourite teachable shows or books to create a game. In addition, modelling, and labelling emotions is an effective way to reset the body. Encourage a discussion as issues arise.