

# Preschool 2

## October 2024 Calendar



### Special Dates

October 14<sup>th</sup> - Thanksgiving Day, CENTRE CLOSED

October 24<sup>th</sup> – Childcare Appreciation Day

October 31<sup>st</sup> – Halloween (children may dress in costumes if they wish to do so)

### Five Little Pumpkins song

(hold your hand up with the five fingers spread apart and do the actions)

5 little pumpkins sitting on the gate

The first one said oh my it's getting late.

The second one said there are witches in the air

The third one said, but we don't care.

The fourth one said let's run and run and run

The fifth one said it's Halloween fun!

Oo-oo went the wind and out went the light and the five little pumpkins rolled out of sight.

### Mindfulness

“Smell the flowers and blow out the candle”

Slowing down when walking and noticing our breath as we are moving are important.

Offering a simple “hello” to people passing by as a kind gesture will make you feel good and in turn make them feel good.

Little things that go a long way! 😊

### Skills we will be Working On:

#### Pre-reading Skills

- Repeat or echo simple words
- Listening to books and pointing at pictures named

#### Math Skills

- Counting from 1 to 10 in English and/or Spanish
- Counting objects (toys when tidying up)

#### Motor Skills

- Practice using utensils such as forks during mealtimes
- Practice balancing and jumping

### Self Help Skills

- Practice pulling the Velcro, holding the table and stepping (pushing) into shoes
- Practice sitting closer to the table

### Science Skills

- Labelling basic colours and matching them
- Identifying/labelling sounds in nature, birds, dog barking etc.



### Social Skills

- Practice turn taking with a friend, “When you are finished can I have a turn?”
- Using language with friends: eg. “Help/More please and Thank you”

### How Does Learning Happen?

Every child has a sense of belonging when he or she is connected to others and contributes to their world. Every child is developing a sense of self, health and well-being. Every child is an active and engaged learner who explores the world with body, mind and senses.

#### *Pg 12 How Does Learning Happen?*

As children move through the everyday routines, they are learning how to become more independent and complete tasks on their own. This helps them to grow, become more self aware and achieve skills in their everyday life. Language also increases and confidence builds. This is achieved through language group time, observing and listening to friends and educators, becoming stronger in self help skills during dressing, washroom and mealtimes and feeling like there is a sense of accomplishment upon completion of tasks on their own.



### Enriching the Program

Creative music and movement  
Reading books via audio/manually

### Ideas For You to Do at Home

Have your child try to pull up and down their own pants during dressing or toilet learning. Have them tuck in their thumbs in the top of the pants, squeeze and pull up or down. Hand over hand also helps as they begin. This helps to create independence and build their confidence.

Praise them for their efforts!