

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Corn Flakes, Milk	Yogurt, Fresh Fruits	Granola Bar, Milk	Multigrain Cereal, Milk	Triscuit Crackers, Soft Cheese
LUNCH	Chicken Stirfry, Rice Pilaf, Cucumber and Pepper Sticks, Pumpnickel Bun, Fresh Fruits, Milk	Haddock Fillet, Quinoa, Ketchup, Carrot and Celery Sticks, Whole Wheat Bread Fresh Fruits, Milk	WW / Vegetable Pasta, Beef Meatballs in Tomato Sauce, Parmesan Cheese Green and Yellow Beans Muesli Bread, Fresh Fruits, Milk	Chicken breast Nuggets, Fried Rice, Ketchup, Broccoli Floret and Tomato Wedge, Garlic Flat Bread, Fresh Fruits, Milk	Beef Sloppy Joes, Corn Niblets, Green Salad, Dressing, Hamburger Bun, Fresh Fruits, Milk
PM	Soft Cheese, Multigrain Bagel	Goldfish, Fresh Fruits	Apple Croissant, Fresh Fruits	Nachos, Cheese, Salsa	Cheese String, Crispbread
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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