



Preschool 1

Pre-reading and Pre-math Skills

- Asking questions to extend their understanding of words (3.3 Using new words in play)
- Rational counting (4.12 counting in meaningful ways)
- Sorting and seriating objects by size



Motor Skills

- Throwing and catching large and small balls
- Jumping in place with both feet

Social Skills

- Taking turns and listening when peers are talking
- Using words to resolve conflict
- Helping others persist when facing difficulties (1.4 helping skills)

Self Help Skills

- Regulating emotions when sad or upset (2.5 emotional regulation)
- Fastening and unfastening zippers, hooks, buttons etc.

Important Dates



03rd – Daylight saving time ends

11th – Remembrance Day

15th – Picture Day (in the morning)



Helpful Tips for Picture Day

1. Help your child pick out clothes and colours that look good on them. After all, your child is the star of the photo—not their shirt, so avoid slogans, logos, and big patterns.
2. Any hairstyle works for Picture Day. Schedule haircuts a few weeks ahead of time to allow hair to grow back a little, or you can go for a fresh-cut look.
3. Keep kids relaxed and ready to be themselves. Smiles can look fake if they're practiced ahead of time. Remember, smiles are like French fries—they're better when they're fresh.
4. Don't worry about "perfect"! That hair that always sticks up or a missing tooth shows your child just as they are right now—and you'll enjoy looking back on that for years to come.