



## Preschool 1 Room

### Important Days

October 14 Thanksgiving Centre Closed

October 24 Child Care Appreciation Day

October 31 Halloween

Children can wear costumes, but no food, please

### Skills we will working on:

#### Pre-reading and math skills:

- Answer open-ended questions that encourage conversation
- Practice to use descriptive words while talking about their art works
- Practice counting by playing counting games, and singing counting songs



#### Social and emotional skills:

- Label feelings of their friends
- Practice to share and take turn so children can make and keep friends, negotiate and cope with disappointment
- Practice self-regulation techniques that will help preschoolers manage their thoughts, emotions, and behaviours

#### Motor Skills:

- Cut out simple shapes with scissors
- Manipulate pencils and crayons well enough to colour and draw
- Copy a circle and cross onto a paper
- Explore freely outdoor equipment

#### Self-help skills:

- Put shoes on independently on proper feet
- Serve vegetables, bread with tongs and other meal with a big spoon
- Use a toilet paper during washroom time



### Song of the month:

#### Five Little Pumpkins

Five little pumpkins sitting on a gate.

The first one said,  
"Oh my it's getting late."

The second one said,  
"There are witches in the air."

The third one said,  
"But we don't care!"

The fourth one said,  
"Let's run and run and run."

The fifth one said,  
"We are ready for some fun!"

Then OOOhh OOOhh went the wind  
And out went the lights

And the five little pumpkins rolled out of sight.



### Do you know.....

Research shows that music stimulates the brain and releases dopamine (feels good) and are used to:

- to improve memory (new & old info)
- to improve concentration
- to support self-regulation
- to support transitions
- to improve oral language
- to follow direction
- to develop self-confidence
- to overall feel good and calm



### Gentle Reminder: Fall is here!

The weather is changing; therefore, provide extra of the following items:

pants, shirts with long sleeve, light sweater, socks, and rain jacket.

Please, label your child's personal belongings.  
You are appreciated for working together!