

# December

## Toddler Calendar

### Classroom news:

Dear parents, please note we have Armine with the children in the morning, Christine and Hazel in between and Karen in the evening. Should you have any questions, comments or concerns please don't hesitate to reach out and connect with us.

On behalf of the Toddler team, Happy Holidays to you and your families.



### Song of the month:

#### *Five Little Snowmen*

Five little snowmen standing in a row  
(hold up 5 fingers)  
Each with a hat (pat head) and a big red bow  
(pull at neck like a bow tie)  
Along came the sun  
(arms form big circle overhead)  
and it shone all day (lean to the left)  
And one of those snowmen melted away!  
(put down one finger)  
Continue until there are no snowmen left



### Important dates:

21<sup>st</sup> – First day of Winter  
24<sup>th</sup> – Center Closes 2pm  
25<sup>th</sup> – Christmas Day (centre closed)  
26<sup>th</sup> – Boxing Day (centre closed)  
27 - TT Closed  
31<sup>st</sup> – Center Closes 2pm

### Reminders:

While Winter can be a season of fun and adventure for the children, it also means snow, ice, wind and cold. Please provide proper attire for the season and don't forget to label all belongings so your child can enjoy their time outside.



### Skills we will be working on:

#### Self-Regulation

"The ability to self-regulate is an important component of Children's development. Self-regulation is about how a child is able to deal effectively with stresses and then recover. When children are calmly focused and alert they are best able to modulate their emotions, focus, ignore distractions, control impulses, assess consequences and understand what others may be thinking or feeling". \*How Does Learning Happen\*

### Ideas for at home:

With the holiday season upon us there are many opportunities to get out and have fun together. Here are some ideas of things you can do.

- Go skating
- Get outdoors to build a snow person or play a game of hockey
- Go tobogganing or sledding
- Tree Trimming
- Make a scavenger hunt

