

INFANT CALENDAR

January 2025



Skills we will be working on:

Gross motor:

- **5.1 Eye-hand coordination:** Bean bag toss, throwing ball into a hoop
- **5.4 sensory motor integration** – chasing bubbles and reaching to pop them
- **5.1 increasing gross motor strength** – Jumping, running, hopping and going up the stairs

Fine motor:

- **5.2 coordination** – putting small objects into a bigger container
- **5.2 pincer grasp** – stick stickers, peeling them and placing them on paper

Cognitive:

- **4.3 Cause and effect exploration:** exploring what happens when we push buttons on a toy
- **4.6 Object permanence** – encourage searching for toys that move out of sight

Language:

- **3.1 joint attention** – looking at puppets and pictures with educators during circle time
- **3.2 receptive language skills** – responding appropriately to educator's verbal requests

Important dates:

January 1st – New Year's Day (**Centre closed**)



Ideas to do at home

Our infants have been showing lots of interest in our Block and science experiences such as: shaking sensory bottles, magnets, mixing colors and bubbles. To further explore these areas, you can do the following ideas with your children:

- Magnet Exploration

Make a collection of random items. Be sure to include items that are magnetic and ones that are not magnetic. Place items on a magnetic cookie sheet or pie pan with a strong magnet. Show your child how some objects will stick to the magnet and others will not. Allow them to explore the materials. This activity can be extended by exploring magnets on metal surfaces such as cookie sheets, pie pans or doors

- Sensory Exploration

Fill a medium-sized container with a variety of materials for your child to explore. Examples: Tissue or wrapping paper, water and spoons/cups, soapy water, washcloths and baby dolls or other plastic toys

- Bubbles

Using a pre made bubble solution or a homemade solution (1/2 C. water, 1/4 C. detergent, 1 teaspoon sugar), bubbles provide an engaging sensory experience for your child. Bubbles are a great tummy time activity for your child that encourage your child to move their head to follow the bubbles. As infants age, they may reach out or even chase the bubbles.

Toddlers are busy and love to move! Their attention spans are short so simple block games like these work well:

- Block bowling
- Simple stacking
- Block pickup with large tongs
- Playing with blocks in a bowl of water
- Hide and seek using a block