

INFANT CALENDAR

January 2025



From 8 to 12 months

- crawling to get a toy
- sitting without support
- holding with palmar grasp
- begin pulling self-up to stand
- repeating actions

From 12 to 18 months

- stand up with support
- pick up food to eat
- increasing strength in different muscles - "dancing" to music
- pointing to familiar things
- practicing using a spoon during lunch
- playing simple turn taking games with balls
- imitate actions and sounds of animals
- responding to simple requests
- self- help skills removing mittens, hat
- recognize own belongings

Important Dates

1st Centre closed (New Year)

Rhyme of the month:

The good morning train is coming how are you (repeat twice)

We say hello to (child's name) how are you? choo choo

We say Hola to (child's name) how are you? choo choo

We say Namaste to (child's name) how are you? choo, choo!!



Snowy sensory play

If it is too cold to go out:

- Take a bin and get some fresh snow inside. Add some food colour, small shovel, bucket et. and let your baby experience the snow.
- Foam soap is a wonderful ingredient for sensory play. It is foamy, white and looks like snow. Babies can enjoy it while staying indoors.



Enjoy the season!