

# JANUARY

## Skills we are working on:

### Pre-reading and Pre-math Skills

- Continue recognizing letters and sounds in our name
- Identifying numbers 1-10
- Repeating the words to common nursery rhymes and songs (3.10 phonological awareness)

### Self Help skills

- Continue to work on getting dressed, fastening and unfastening zippers, hooks, buttons etc.

### Social Skills

- Work on inviting others to play, while offering play materials and roles
- Conflict Resolution and Social Problem-Solving Skills



## Important days

01 – New Year's Day  
(Centre Closed)



## How Does Learning Happen?

Exploration is a crucial part of early childhood learning. Sensory play is play that involves using one or more of the five senses; sight, smell, taste, touch and hearing, children use these as a basis of discovery. It is important for children to be provided with the opportunity to explore different materials in order to learn about it.

“If you want your children to grow into capable, independent adults, give them space to make some decisions without controlling their every move. Let them try, let them fail, it's not about them always getting it right, it's for them not to be afraid to try.”

*Brooke Hampton*