



## How Does Learning Happen?

## Song of the Month



### Snowflakes

("Sung to: "Frere Jacques")  
Dance like snowflakes (x2)  
In the air (x2)  
Whirling, twirling, snowflakes (x2)  
Here and there. (x2)



### Activities to do at home

- go for a family walk in the snow to spot any animal snow tracks

### Special Days

1<sup>st</sup> - New Year's Day (TT closed)  
29<sup>th</sup> - Lunar New Year

### How Snowy, Cold Weather Benefit Children's Development & Health

- able to see the outdoors through a new lens
- increase exercise level & use new muscles
- get fresh air & avoid bacteria
- meet new challenges & problem-solving skills.
- vitamin D exposure
- play cooperative games with peers

\*For further details, see the board outside the Pre 2 Room.

"How do children demonstrate belonging? In order to build a sense of belonging, young children need to learn the process of developing their skills to work with others. They must **learn to play cooperatively, help others, have a sense of empathy, and be a part of a team.**"

### Skills we will be working on:

#### Social Skills

- seeking out others to play with \*1.1
- beginning to attend and listen to peers \*1.2

#### Emotional

- showing awareness of own feelings and the feelings of others \*2.3
- asking for & accepting help when needed \*2.6

#### Communication

- reciting rhymes, poems or sing songs \*3.10
- recognizing familiar signs \*3.13

#### Cognitive Skills

- pretending to be someone else \*4.3
- visually attending to things in their environment \*4.5

#### Motor Skills

- increasing the distance, they are able to walk \*5.1
- throw with rigid movements \*5.2

\*Continuum of Development

<https://www.dufferincounty.ca/sites/default/files/rtb/Excerpts-from-Early-Child-Today.pdf>