



Preschool 1 January 2025



Special Dates

January 1st

Centre Closed for the New Year's Holiday



Cheer the Year

(Tune: Row, Row, Row Your Boat)

Cheer, cheer, cheer the year,
A new one's just begun.
Celebrate with all your friends,
Let's go have some fun!

Clap, clap, clap your hands,
A brand new year is here.
Learning, laughing, singing, clapping,
Through another year.



Mindfulness

Winter is here and what a great time to enjoy the beautiful scenery. Take a walk on the trails by the creek and breathe in the crisp, fresh air. Sit on a park bench and just listen to the wind blow or feel the cold snow fall on your face. Lie down in the snow and look up at the sky and the clouds. Breathe and relax while enjoying the winter weather.

Reminders

Winter is definitely here! Please ensure your child comes to childcare with their snow pants, winter coat, boots, neck warmer, winter hat and waterproof mittens (preferably 2 pairs, in case one gets wet).



Skills we will be working on:

Pre-reading Skills:

- Spelling our names verbally
- Learning new vocabulary words

Math Skills:

- Working on one to one correspondence
- Practise measuring items

Motor Skills:

- Practise hopping on one foot
- Working on catching balls

Self-Help Skills:

- Practise zipping up our coats
- Working on hanging up coats and snow pants

Science Skills:

- Mixing primary colours into secondary colours
- Observing changes in the winter weather

Social Skills:

- Practising how to be a good friend
- Using gentle hands with peers

Ideas for you to do at Home

- Practice dressing and undressing, including zipping, buttoning and snapping.
- Practice recognizing the first letter and sound in your name, spelling out your name and printing names

Enriching the Program

We will be enriching our program by offering extra experiences, focusing on literacy, music and creative movement.

We will have a person/s come into the room to lead these activities.

