## **Preschool 1**



#### Skills We Will Be Working On

#### **Gross Motor**

- Increasing body strength by pulling and pushing sleds
- Taking giant steps in the snow
- Standing like a flamingo will increase endurance
- Gaining the ability to control their movements

#### Math / Literacy

- Connecting puzzles
- Choosing to spend time with books
- Counting
- Problem solving e.g. who's missing from the classroom

#### **Did You Know?**

February is the month of Black History. It is celebrated annually so that we can honour the legacy of Black Canadians and their communities. There are four colors generally associated with Black history which are red, green, gold or yellow, and black.



#### **Important Dates**

2<sup>nd</sup> – Groundhog Day 14<sup>th</sup> – Valentine's Day 17<sup>th</sup> – Family Day <mark>(center closed)</mark>

#### Safety Awareness



We are working on preschoolers regulating their speed when walking down the hall, regulating their volume, maintaining appropriate body space with their peers and letting adults/ educators open the doors.

### How Does Learning Happens

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Expression:" Every child is a capable communicator who expresses himself or herself in many ways. Early childhood programs foster communications and expression in all forms" (How Does Learning Happen – pg. 23). The ways children can express themselves is by identifying and labeling their emotions. For example, I feel happy, excited, sad, angry, sick, or anxious.