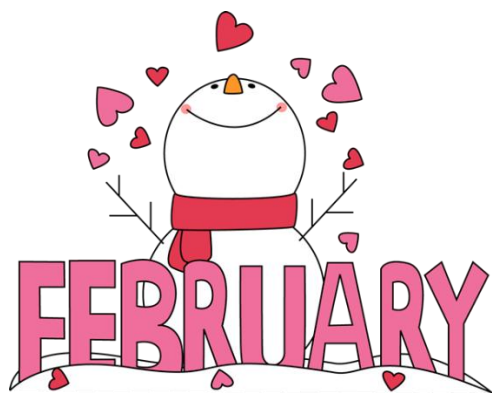


INFANT CALENDAR

February 2025



Skills we will be working on:

Gross motor:

6-12 months

- **5.1 Eye-hand coordination:** reaching for toys while lying on the activity mat or standing in a jumper
- **5.1 Tummy time** –in front of the mirror to practice lifting upper body to see themselves
- **5.1 Crawling** –using a tunnel to encourage crawling through

12-18 months

- 5.1 Releasing objects and coordination** – a simple game of bowling
- 5.1 Body stretching** – doing simple yoga moves or dancing to action songs
- 5.1 Coordination** – shoveling the snow outside

Fine motor:

- **5.2 holding and using tools** – using creative time to practice holding markers or painting tools the proper way
- **5.2 pincer grasp** – during snack time picking up thin cut fruit pieces or crackers with their forefinger and thumb

Cognitive:

- **4.8 memory:** remembering routines, schedules and their own spot during lunch time
- **4.7 symbolic thought** – offering different props and materials to encourage pretend play

Language:

- **3.1 intentional communication** – encouraging children to use their words or gesture to express what they need
- **3.1 simple turn taking** – playing peek-a-boo or making faces to let children repeat after you
- 3.2 receptive language skills** – responding to their own name by 6 months or to simple requests if older than 12 months

Ideas to do at home

Have fun doing some art together

Our infants seem to show lots of interest in doing some creative time every day. It is good for practicing their focus and attention regulation skills, as well as problem solving and coordination. It is also a nice fun way to bond with them and create a unique masterpiece! Here are some simple ideas to try at home:

Painting with Mega blocks – Just dip the mega block in paint, and let children hold it with the whole palm of their hand (palmar grasp) while putting it on the paper to leave a nice mark. Let them repeat it as many times as they want, and watch the masterpiece in making 😊



Tape painting – Another way to make unique artwork with your child is by simply using masking tape and paper. Just make some random shapes on the paper with the masking tape, and let your child paint over it. Once it's dry, peel off the tape and it's done! 😊



Important dates:

- February** - Black History Month
- February 14** – Valentine's Day
- February 17** – Family Day (**Centre Closed**)