

Preschool 2 Calendar



Special Dates

Black History Month

Groundhog Day - February 2nd

Valentine's Day - February 14th

National Flag of Canada Day - February 15th

Family Day February 17th - **Centre Closed**

Enriching the Program

Anna and Ruth to come into the room to do these:

Music & Movement - listening to music and whole body movement in different languages to promote diversity

Literacy – looking and listening to books

Skills we will be Working On:

Pre-reading Skills

- Using more words to formulate sentences
- Learning the first letter in our names



Math Skills

- Counting from 1 to 10

Numbers
1 2 3
4 5 6
7 8 9
10



- Sorting objects into the appropriate buckets

Motor Skills

- Practice standing on one foot
- Practise holding utensils at lunch time



Self Help Skills

- Pulling pants up and down during washroom routine
- Practice getting dressed for outdoor independently



How Does Learning Happen?



Every child has a sense of belonging when he or she is connected to others and contributes to their world. Every child is developing a sense of self, health and well-being. Every child is an active and engaged learner who explores the world with body, mind and senses.

We enter play either indoors or outdoors using our whole body to move while helping to develop strength and balance skills for examples. We do this by dancing to music, making snow angels in the snow, observing and engaging with our friends and making trains and doing other gross motor activities throughout the day.

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Things to do at Home during Winter Time

Go for a walk and adopt a tree

Blow some bubbles

Painting Rocks

Dance Party with Parents

Mindfulness Activity for Preschoolers:

Coloring pictures

Yoga

Breathing time

Watching the Sky for few minutes