



### Reminders:

As the spring season is approaching, we continue to remind our parents and families to kindly dress their child appropriately for the weather especially during outdoor playtime. Kindly **LABEL** extra clothes that are seasonally appropriate and put in your child's cubbies.



### Song of the month



### Important Days:

- March 9<sup>th</sup> – Daylight savings (clock moves one hour ahead)
- March 12<sup>th</sup> – “Get Low Dance” entertainer @ 9:30
- March 17<sup>th</sup>- St. Patrick’s Day (Wear anything Green)
- March 20<sup>th</sup> – First day of spring

### Skills we are working on:

#### Self Help Skills

- Helping with cleaning up after play
- Self-serving & feeding using tongs, utensils, and cups independently
- Toileting & proper hygiene (using toilet)
- Able to pull up pants after diaper change
- Encouraging proper handwashing

#### Motor Skills

- Practice jumping up & down safely
- Exploring large outdoor equipment (climber, pedaling bikes, riding cars)
- Observing and imitating peers positively

#### Communication Skills

- Listening to stories & connecting to pictures
- Able to combine words or using simple sentences in conversations
- Using gestures and signs to communicate
- Adding more vocabulary in play

#### Cognitive Skills

- Pretend play or imaginary games
- Building a tower by counting the blocks
- Problem solving – simple puzzles
- Identifying letters in their names

### Parents: How to wean toddlers off their pacifier

- Communicate early and more often with your toddler about it.
- Don't let your little one get too hungry or too sleepy.
- Keep them busy with activities they like to do best.
- Set a timeline for it as an end date.
- If possible replace all pacifiers with a sippy cup for this process.

