

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Bran Flakes, Milk	Arrowroot Cookies, Milk	Granola Bar, Fresh Fruits	Rice Krispies Milk	Boiled Eggs Wheat Crackers
LUNCH	WW/ Vegetable Pasta, Cheese sauce, Pepper and Cucumber Sticks, Whole Wheat Bun, Fresh Fruits, Milk	Chicken Breast Nuggets Rice Pilaf Ketchup Baby Carrots Whole Wheat Bread Fresh Fruits, Milk	Fish Pollack Burger Moroccan Couscous Tartar Sauce Green Beans and Tomato Wedge Pumpnickel Bun Fresh Fruits, Milk	Beef Meatball Cacciatore Whole Wheat or Vegetable Pasta Parmesan Cheese Asparagus and Baby Corn Brioche Flat Bread Fresh Fruits, Milk	Curry Chicken Rice Pilaf Green salad, Dressing Whole Wheat Villaggio Bread Fresh Fruits, Milk
PM	Wow Butter Marble Rye Bagel	Apple Cinnamon Pie, Fresh Fruits	Soft Cheese Ritz Crackers	Yogurt Rice Cake	Zucchini Banana Muffin Fresh Fruits
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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