

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Corn Flakes, Milk	Yogurt Fresh Fruits	Hard Boiled Eggs Triscuits	Multigrain Cereal Milk	Granola Bar Fresh Fruits
LUNCH	Teriyaki Beef Meatballs Rice Pilaf Pepper and Cucumber Sticks Muesli Bread Fresh Fruits, Milk	Cod Fish Quinoa Ketchup Baby Carrots Whole Wheat Bun Fresh Fruits, Milk	Greek Chicken Fried Rice Celery Stick and Cauliflower Floret Whole Wheat Bread Fresh Fruits, Milk	Meat Sauce WW/ Vegetable Pasta, Parmesan Cheese Green and Yellow Beans Garlic Bun Fresh Fruits, Milk	Chicken Breast Burger Corn Niblets Ketchup Green salad, Dressing Burger Bun Fresh Fruits, Milk
PM	Wow Butter Pumpnickel Bagel	Gold Fish Fresh Fruits	Nachos Dill Pickle Salsa	Apple Croissant Fresh Fruits	Cheese String Whole Wheat Crackers
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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