

INFANT CALENDAR

May 2025



Skills We Will Be Working On

Gross Motor:

- Climbing onto low furniture or foam blocks with supervision.
- Practice walking outdoors on uneven surfaces like grass or sand.
- Pulling/pushing toys while walking to develop balance.

Self-Help Skills:

- Attempting to wash hands with help—turning the faucet or rubbing hands together.
- Practice taking off socks or shoes independently.
- Starting to feed self with a spoon or fork more consistently.

Cognitive/Problem-Solving:

- Sorting simple shapes or toys by color or size.
- Identifying familiar animals or household items in books or real life.
- Remembering locations of hidden toys and retrieving them.

Language & Social Development:

- Practice naming body parts during play or song.
- Using one words or signs to request items (e.g., “milk,” “more”).

IDEAS TO DO AT HOME

Let’s build with blocks!

In our infant room, we’ve noticed that the children are very engaged during block play. They enjoy stacking them and, of course, knocking them down! It’s a fun and exciting way for them to explore cause and effect while strengthening their coordination and fine motor skills.

We also see a lot of curiosity when they move the blocks around the room, place them in baskets, or attempting to carry a big handful all at once. They’re learning about size, weight, and how objects fit together—without even realizing it!

And for those quiet play moments at home, here are a few simple block ideas to try:

Color Match & Sort

If you have colored blocks, invite your child to help you sort them into piles even if they just watch you do it or play beside you, they’re taking it all in!

Stack & Smash

Stack a few blocks together and cheer as your child knocks them over. Then take turns building the next one—this builds early turn-taking and focus.

Road Building Fun

Try lining up blocks to make a simple path for cars or animals. Your child might crawl after it, add their own pieces, or just enjoy the pretend play.

These simple block games support so many skills—fine motor, problem solving, imagination—and most of all, they’re just fun!

Upcoming Important dates:

- **May 11th** Mother’s Day
- **May 19th** – Victoria Day

Friendly Reminder

As the temperature rises this summer, please continue dressing your children in lightweight, breathable clothing to keep them cool and comfortable. Don’t forget to bring sunscreen if you are planning to use your own sunscreen. Otherwise we have centre sunscreen to use.