

Preschool 2 May 2025 Calendar

"I continue to believe that if children are given the necessary tools to succeed, they will succeed beyond their wildest dreams." ~ David Vitter



Days to Observe

May 5th – Cinco de Mayo

May 11th – Mother's Day

May 19th – Victoria Day (Centre Closed)



Enriching the Program

We will be enriching our program by offering extra experiences focusing on literacy, music and creative movement.

*staff will be coming in at times during the month to enrich our program with the above mentioned activities

Mindfulness

Sometimes things can become overwhelming, and behaviours or anxieties can take over.

Remembering a simple exercise can help to have us slow down and take a breath to recenter oneself. Here is an example of one of these exercises:

"Smell the flowers (take a deep breath in) and blow out the candle (exhale and breathe out)."

Doing this a few times either yourself or with your little one can help in calming, slowing things down and recentering again.

Skills we will be Working On:

Pre-reading Skills

- Learning prepositions in, out, on, under, beside etc using two simple objects.
- Asking for wants and needs using full sentences while including these prepositions to increase language.

Here are some examples: "The green block is beside the yellow bus."

- Learning to say hello/goodbye in different languages



Math Skills

- Counting from 1 to 10 in different languages
- Sorting objects into the appropriate buckets.

Motor Skills

- Practice using tongs and handling serving spoons during mealtimes
- Practise jumping with two feet together

Self Help Skills

- Practice pulling shoes/tongue of shoe open, holding the table and stepping (pushing) into shoes. Encouraging your child to put their finger in the back of their shoe helps them to guide it around the heel of their foot.
- Practice sitting closer to the table during cognitive play and/or mealtimes



Science Skills

- Observing different nature items outside and discussing them.
- Understanding the change in weather: rain, snow, sun etc and when they happen.

Social Skills



- Practice turn taking with a friend eg. "Can I have a turn when you are finished?"
- Being more mindful with friends eg. Helping one another with holding hands and walking in the hallway or passing foods at mealtimes.