

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Whole Wheat Shreddies Milk	Apple Butter Rice Cake	Granola Bar Fresh Fruits	Multigrain Cheerios Milk	Soft Cheese Wheat Crackers
LUNCH	Chicken Meatball in Rose Sauce Whole Wheat or Vegetable Pasta Parmesan Cheese Carrot and Cucumber Sticks Corn Bread Fresh Fruits, Milk	Turkey and Vegetable Soup Salami, Chicken and Cheese Submarine Mustard Sausage Bun Fresh Fruits, Milk	Chili Chicken Rice Pilaf Yellow Bean and Celery stick Whole Wheat Bun Fresh Fruits, Milk	Beef Lasagna Mixed Green Salad, Dressing Whole Wheat Bread Fresh Fruits, Milk	Fish Pollack Burger Rice Pilaf Ketchup Baby Carrots Pull Apart Bun Fresh Fruits, Milk
PM	Soft Cheese Whole Wheat Bagel	Carrot Loaf Fresh Fruits	Nachos Cheese Salsa	Yogurt Arrowroot Cookies	Raisin Bread Fresh Fruits
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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