

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Corn Flakes, Milk	Apple Pie Snacking Round Fresh Fruits	Soft Cheese Triscuits	Yogurt Arrowroot Cookies	Granola Bar Fresh Fruits
LUNCH	Beef Bolognese Whole Wheat or Vegetable Pasta Parmesan Cheese Pepper and Cucumber Sticks Pumpnickel Bread Fresh Fruits, Milk	Fish Sticks Quinoa Ketchup Baby Carrots Whole Wheat Bun Fresh Fruits, Milk	Chicken Breast Burger Fried Rice Burger Sauce Cauliflower Floret and Baby Corn Burger Bun, Fresh Fruits, Milk	Beef Tacos Lettuce, Sour Cream Cheese Whole Wheat Flour Tortillas Fresh Fruits, Milk	Chicken Kafta with Feta and Spinach Roast Potatoes and Bell Peppers Ketchup Hot Dog Bun Fresh Fruits, Milk
PM	Blueberry Scone Wow Butter	Gold Fish Fresh Fruits	Cheese String Pretzel	Pumpkin Zucchini Loaf Fresh Fruits	Apple Berry Sauce Ritz Crackers
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

<p>Veggie sticks and Bread may change without notice based on availability</p>	<p>Where it states chicken/beef, veggie "meatballs", "meat" patties, ground "meat" is substituted to resemble as nearly as possible the menu item listed. Legumes are also provided for all children.</p>	<p>Legumes are also provided for all children.</p>	<p>Toddler raw veggies are microwaved for one minute before serving.</p>	<p>Water is available with every meal. AM food is snack and not breakfast.</p>	<p>Menu is subject to change based on seasonal availability.</p>
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