

# Infant Newsletter 2026



*“There are two things we should give our children: one is roots and the other is wings.”*

## Skills we will be working on:

### *From 3– 6 months*

- rolling prone to supine
- grasping toy actively
- playing with rattles
- establishing eye contact
- responding to sound stimulation

### *From 6 – 12 months*

- standing, holding on
- pulling up self to stand
- begin walking with support
- finding hidden object using one screen
- using palmar grasp
- waving or responding to bye-bye
- playing simple “Peek-a-Boo” game

### *From 12 to 18 months*

- throwing a ball
- moving body to music
- pointing to familiar things
- painting paper with paint brush-practicing to use a spoon during lunch
- pointing to body parts (head)

## Rhyme of the month:

I love you, you love me,  
We are a happy family,  
With a great big hug and a kiss from me to you,  
Don't you think you love me too??

Families are the first and most powerful influence on children's learning, development, health and well-being.



### *Ideas to do at home:*

Carry your baby around and point to different objects and things while saying what they are. Even if your baby is not showing signs of speaking or making any sounds yet he/she is listening and observing as you speak. Point to things and ask, what's this? You will be amazed one day when the baby is able to answer you!

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Create sensory experiences for your baby

### Special days:

14 Happy Valentine's day  
16 Family Day (closed)  
17 Lunar New Year  
25<sup>th</sup> Pink Shirt Day: raise awareness about bullying

Please continue communicating with us about any changes in your child's routine. Share your concerns and new milestones of the infants. We love to hear from you.