

INFANT CALENDAR

February 2026



Skills We Will Be Working On

Gross Motor:

- Climbing onto low furniture or foam blocks with supervision.
- Stepping on and off a low step or sturdy box to simulate uneven terrain
- Pulling/pushing toys while walking to develop balancing.

Self-Help Skills:

- Attempting to wash hands with help turning the faucet or rubbing hands together.
- Practice taking off socks or shoes independently.
- Start feeding self with a spoon or fork more times.

Cognitive/Problem-Solving:

- Sorting simple shapes or toys by color or size.
- Identifying familiar animals or household items in books or real life situations.
- Remembering locations of hidden toys and retrieving them.

Language & Social Development:

- Practice naming body parts during play or song.
- Use one words or signs to request items (e.g., “milk,” “more”).

IDEAS TO DO AT HOME

Let's build with blocks!

In our infant room, we've noticed that the children are very engaged during block play. They enjoy stacking them up and, of course,

knocking them down! It's a fun and exciting way for them to explore cause and effect while strengthening their coordination and fine motor skills.

We also see a lot of curiosity when they move the blocks around the room, place them in baskets, or try to carry a big handful all at once. They're learning about size, weight, and how objects fit together without even realizing it!

And for those quiet play moments at home, here are a few simple block ideas to try:

Color, Match & Sort

If you have colored blocks, invite your child to help you sort them into piles even if they just watch you do it or play beside you. Even if you think they aren't they are taking it all in!

Stack & Smash

Stack a few blocks together and cheer as your child knocks them over. Then take turns building the next one. This builds early turn-taking and focus.

Road Building Fun

Try lining up blocks to make a simple path for cars or animals. Your child might crawl after it, add their own pieces, or just enjoy the pretend play.

These simple block games support so many skills such as fine motor, problem solving and imagination. Most of all, they will have fun doing it!

Upcoming Important dates:

- **February** – Black History Month
- **February 2nd** – Groundhog Day
- **February 14th** – Valentine's Day
- **February 16th** – Family Day (*Center Closed*)

Friendly Reminder

As the weather remains cold, please dress your children in warm, layered clothing to keep them comfortable throughout the day. Don't forget to include hats, gloves, and neck warmers. Kindly label all items of clothing. Thank you.