



Preschool 1

Important Days:

Daylight Saving Time – March 8
Clocks are turned ahead 1 hour



International Women’s Day - March 8

St. Patrick’s Day - March 17

First Day of Spring - March 20

National Indigenous Language Day - March 31

Skills we will be working on:

Identifying and naming feelings

Practicing patience while waiting our turn

Managing frustration with simple strategies like deep breathing or asking for help

Recognizing patterns, shapes and simple numbers

Speaking in front of friends during group time

Working together on small group projects like building with blocks or creating art

Showing empathy by comforting friends or noticing when someone needs help

Developing fine motor control through drawing, threading beads or puzzles

Practicing gross motor skills in group games, outdoor play and movement activities

Joke of the month:

What kind of key opens a banana?

A **mon-key**.



Song of the month:

Raindrop March

Call & Response Version



Leader: March like little raindrops

Children: Little drops fall

Leader: Pitter-patter footsteps

Children: We can march them all



Leader: Splash in tiny puddles

Children: Splashing on the ground

Leader: Marching like the raindrops

Children: Making rainy sounds

How Learning Happens in our classroom

Through play – Play is the heart of early learning. It’s how children explore, test ideas, solve problems and make sense of their world.

Through repetitions – Doing things again and again helps children build confidence and feel PROUD of their progress.

Through relationships – Warm, responsive interactions with educators and peers help children feel safe, supported and ready to try new things.

Through hands-on experiences – Children learn best when they can touch, move, build, pretend and experiment with real materials.

Through routines – Predictable daily patterns help children understand expectations, develop independence and build self-regulation.

Ideas to do at home:



Mealtime Helper Routine

Let children do the same small job each day:

- Match napkins to each family member
- Place forks, spoons or cups at each spot
- Wash fruits or veggies in a colander
- Scoop rice, pasta or fruits into bowls

These small, consistent roles help children feel capable, included and they make mealtimes smoother for families.