



Toddler 1 Calendar for February 2026

Skills we will be working on:

Pre-reading and Language Skills

- 2.6 Recognizing their name on the cubbies and the shoe shelf
- 3.1 Encouraging children to combine gestures with words – for example if the child uses sign for “more” during lunch time, encourage them to say the word as well

Math Skills

- 3.2 “Zoom zoom zoom we’re going to the Moon” – learning how to count backwards from 5 to 1
- Counting children during group time together with the educator

Gross Motor Skills

- 5.1 Simple bowling game to practice hand-eye coordination
- 5.4 Using action songs to move the whole body by following the actions

Self Help Skills

- Rolling their sleeves up and continue to follow all steps of the hand-washing routine
- Practice putting their snowpants on and doing the flip to put the jacket on

Social and Emotional Skills

- 1.1 Being engaged in short group activities while practicing turn taking
- 2.2 Working on behaviour and emotional regulation when being redirected

Idea to do at home

Colour the snow together!

Since it looks like we will still be having lots of snow this winter, why don't you turn it into a fun and engaging activity with your child(ren)! We have tried this very easy and simple activity with toddlers and they really seemed to enjoy it ☺

You will need:

- ❖ A spray bottle
- ❖ Water
- ❖ Food colour of choice

Instructions:

1. Fill the spray bottle with water
2. Add a little bit of food colouring and your mixture is ready!

Now all you have to do is go outside and spray the mixture onto the snow-covered area. Your child(ren) will be engaged in a fun and safe science activity, watching as the snow turns from white to the colour of your choice! You can extend this activity by asking questions about the colours they see, or even mixing the colours. They can also practice their fine motor skills by using the spray bottle and they will demonstrate their gross motor skills while stomping and jumping on the colourful snow.



Program Enrichment

We will have a person come into the room to do the following activities with the children:

Week 1 – “Music and Movement”

Week 2 – “Yoga Poses”

Week 3 – “Early Literacy”

Week 4 – “Creative Movement”

Important Dates

February – Black History month

February 2nd – Groundhog Day

February 14th – Valentine’s Day

February 16th – Family Day (Centre Closed)