



Preschool 1 April 2026 Calendar

"Be a rainbow in someone else's cloud." By: Maya Angelou

Skill we are working on - Emotions

We are working on 2.5 Regulating Attention, Emotions and Behaviour and expressing our emotions in appropriate ways. We will be practicing using our words to communicate our needs or express ourselves when we are frustrated. We are developing coping skills when faced with challenges and disappointments. Persisting when frustrated and using effective strategies for self-calming.



We have Posted some information about Screen time and its links to aggression and hyperactive outside the classroom.

Reminder and Learning Opportunities:

As warmer weather approaches and things begin to melt, we will have more opportunities to engage in messy sensory learning experiences outside. The benefit of this play allows children to use their natural curiosity and is most often enjoyed in a larger group of friends. Children develop language, gross/fine motors skills, team building skills, providing opportunities to work with others, problem solve language, creativity and so much more.

***We will do our best from keeping them from getting too dirty but we asked that you please provide your child with lots of extra clothes. ***

Important Days:

3rd Good Friday – Centre Closed
6th Easter Monday – Centre Closed
22nd Earth Day



Ideas for home

Consider making Earth Day activities all month long. Try things like planting, unplug electronics, and donate items that can be used again instead of throwing them away. Walk/ride bikes instead of using a car, Recycle, Reduce, Reuse and Repair, use reusable bottles/food containers. You can try Eco Friendly Eating – eat foods in season, buy from local markets or farms, try “Meatless Mondays”, buy only what you need, try to use food before it goes bad. Read: The Lorax by Dr Seuss, get gloves and garbage bag and clean up outside, reuse different garbage bound items to create art.

How Does Learning Happen?

Belonging: “Every child has a sense of belonging when they are connected to others and contribute to their world.” (How Does learning Happen – pg.5) **we will talk about the environment, recycling and reusing some garbage bound items to create meaningful art and plant some different plants.**

