

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM	Corn Flakes, Milk	Wow Butter Triscuits	Soft Cheese WW crackers	Fruit Bar Brown Rice Cakes	Granola Bar Fresh Fruits
LUNCH	Beef and Spinach Ragu Whole Wheat or Vegetable Pasta Parmesan Cheese Pepper and Cucumber Sticks Pumpnickel Bread Fresh Fruits, Milk	FISH STICKS Quinoa Pilaf Ketchup Mixed Green Salad, Dressing Whole Wheat Bread Fresh Fruits, Milk	Chicken Breast Burger Sweet Chili Rice Burger Sauce Broccoli Floret and Baby Corn Burger Bun, Fresh Fruits, Milk	Beef Meatballs Submarine Corn Niblets Shredded Mozzarella Cheese Whole Wheat Mini Submarine Bun Fresh Fruits, Milk	Chicken Karta with Feta and Spinach Roast Potato and Green Beans Ketchup Whole Wheat Hotdog Bun Fresh Fruits, Milk
PM	Blueberry Scone Fresh Fruits	Apple Snacking Rounds Cheese Strings	Gold Fish Raisin Milk	Morning Glory Loaf Fresh Fruits	Whole Wheat Bagel Fig Fruit Spread
THIRD	Pears, Water	Oranges, Water	Apples, Water	Bananas, Water	Oranges, Water

Veggie sticks and
Bread may change
without notice
based on
availability

Where it states chicken/beef,
veggie "meatballs", "meat"
patties, ground "meat" is
substituted to resemble as
nearly as possible the menu
item listed. Legumes are also
provided for all children.

Legumes are also provided
for all children.

Toddler raw veggies are
microwaved for one
minute before serving.

Water is available with
every meal. AM food is
snack and not breakfast.

Menu is subject to change
based on seasonal
availability.