



**School-Age May 2026**

Lets say goodbye to April showers and welcome the May flowers. Spring has finally sprung! As the weather continues to improve, we look forward to spending as much time as possible outside. Many of the activities and experiences we enjoy inside can also be done outside in the fresh air. Ever consider having a dance party outside? Or just sitting in nature while putting pencil to paper to express your creativity?

**Important Dates**

- 4 – National Star Wars Day
- 10 – Celebrating Mother’s Day and All Caregivers
- 18 – Victoria Day (Centre is Closed)
- Asian Heritage Month
- Polish Heritage Month

**Happy Birthday to all those celebrating!**



**Goal of the Month**

This month the school-age program will be working on their social skills in regard to kindness and considering the views of others. Often times, we as individuals can forget how our actions, words or even tone of voice can affect others. Through

various activities and on-going discussions, we will explore how we can show others that we care and value their point of view even if it is different from our own.

**Club of the Month**

With the return of spring, we will be enjoying more time outside in nature. Watching the natural changes that happen at this time of year, our Nature Club will incorporate skill 4.5 (inquiry) as we observe, form questions and collect information from our environment. As well, we will try to incorporate materials from nature in other ways such as through our creative expression (skill 4.3).

**Chores & Children**

Having children complete small tasks at home offers many developmental benefits. Research shows that children who regularly help with chores often develop higher self-esteem, likely due to the sense of independence and accomplishment they gain.

Below are suggested chores by age. Keep in mind that every child is different, so it’s important to consider your child’s individual abilities and developmental level when assigning tasks.

6-8 years old	9-12 years old
Sweep the floor. Make their own bed. Put clean clothes away. Take sheets off the bed. Put clean dishes away. Fill food and water dishes for pets. Fold laundry.	Load dishwasher / wash dishes by hand. Use the vacuum cleaner. Pack their own lunch. Recycle and take out trash. Help with making dinner. Put groceries away.

Source: Dr.Jackson, Carrie “Here’s a Complete List of Age-Appropriate Chores, Broken Down by Age”. (5 December 2022).

**Friendly Reminders:**

- Please let the centre know if your child will be away for any reason via phone or email.
- Children attending before school program must be escorted to the classroom door by an adult.