



Preschool 1

Family Planting Event:

The Preschoolers have planted marigold seeds collected from last year's flowers, and they have been caring for them with great enthusiasm. The children are so proud of their growing plants, and we are excited to continue this gardening journey with you as we prepare to plant them together.

Important Days:

Please join us in helping plant flowers on our playground.

When: 17th

Time: 4:15pm to 5:15pm –

Location: Playground.



This Month:

We will continue building our self-help skills this month — things like putting on sunscreen, keeping track of our belongings, getting dressed, toileting, and trying to solve simple problems on our own. The children are becoming more confident every day, and we love seeing their independence grow.

We're also focusing on **Listening to Others (Expectation 3.6)** in fun and interactive ways. One of our favourite games goes like this: the educator asks two different questions to two different children. Then we invite a third child to remember and share the answers — first to question one, then to question

two. The kids love the challenge, and it gets everyone giggling and listening closely.

It's a great game to try at home too — simple, silly, and wonderful for building memory and listening skills.

Keeping Active at Home:

Keeping active is really beneficial to maintaining a healthy lifestyle. A great thing to do is go to drop in swimming at the recreation centres. Younger children are free.

Toronto:

(Click the drop down bar for more swim type options.)

<https://www.toronto.ca/explore-enjoy/parks-recreation/program-activities/swim-water-activities/swimming-water-play/#location=&lat=&lng=&zoom=>

Price: \$ 7.83 Adult (19 to 59yrs)
\$2.20 Youth (7 to 12yrs) Older Adult (60+yrs) tax not included

Mississauga:

<https://anc.ca.apm.activecommunities.com/activemississauga/calendars>

Price: \$4.61 - Adult (18 to 54 yrs)
\$3.69 –Youth(4–17 yrs) Student (with ID) Person with Disability Older Adult (55+ yrs)

Splash Pads:

As the weather is heating up a great free way to keep cool and be active is by going to your local splash pad.

Splash pad located Toronto

<https://www.toronto.ca/explore-enjoy/recreation/swimming/#location=&lat=&lng=>

Splash Pad located in Mississauga

<https://theexploringfamily.com/locals-lounge/mississauga/15-best-splash-pads-in-mississauga/>