

INFANT CALENDAR

September 2026



Skills We Will Be Working On

Gross Motor:

- Pulling up to stand on low furniture with support.
- Cruising along furniture while building our balance.
- Practicing to walk short distances independently.

Self-Help Skills:

- Wash hands with help turning the faucet or rubbing hands together.
- Practicing to remove shoes with assistance.
- Starting to feed self with a spoon or fork more consistently.

Cognitive/Problem-Solving:

- Stacking and knocking down blocks to explore through cause and effect.
- Sorting blocks by size, shape, or color.
- Exploring the skill of cause and effect by dropping objects into a container.

Language & Social Development:

- Naming block colors or shapes during play.
- Repeating simple sounds and words during play.
- Participating in songs through clapping movements and vocal sounds.

Ideas to Do at Home

Music & Movement Fun!

We have noticed that children in our room are engaged during music, songs and movement activities. These experiences help infants explore words, sounds and movement while building communication skills.

During these activities, infants often:

- Listen and repeat simple words after educators
- Copy sounds and actions during songs
- Clap, bounce or move to the music
- Say familiar words such as “more,” “up” and “bye-bye”
- Sing along using sounds or simple words
- Follow simple actions such as waving, clapping or stomping

Simple Cause & Effect Activities to Try at Home:

Drop & Discover: Give your child safe objects to drop into a container. Use words like drop, in, out, down and again as they explore.

Shake & Listen: Offer safe objects that make different sounds when the objects are shaken. Use words like shake, loud, quiet and again.

Push & Roll: Encourage your child to push or roll a soft ball. Use simple words like push, roll, go and stop.

Hide & Find: Hide a familiar toy under a cloth and encourage your child to pull the cloth away to find it. Use simple words with gestures, such as look while pointing, open while lifting the cloth and found it! Clap hands to signal an accomplishment!

Upcoming Important dates:

- **September 7th** – Labour Day (Centre Closed)
- **September 22nd** – First Day of Fall
- **September 30th** – National Day of Truth & Reconciliation (wear your **ORANGE** shirt)

Friendly Reminder

As the weather changes, please bring layered clothing to keep your child comfortable indoors and outdoors. Please remember to label your belongings! Thank you.