



PRESCHOOL 1 ROOM

Important Days:

September 7 – Labour Day

Centre Closed

September 21 – International Day of Peace

September 22 - First Day of Fall

September 30 – National Day for Truth and Recognition. **Orange Shirt Day.**



Skills we will be working on:

Pre-reading and pre-math skills

4.12 practice counting friends during transition times outside

3.11 identify first names on name cards

3.9 practice retelling simple stories

Social skills

1.1 turn taking with friends

1.2 practice conflict resolution. We teach children how to resolve conflicts peacefully. Offer guidance on expressing their needs, listening to others, and finding compromises

Fine Motor skills

5.3 paste different things (shapes, puzzle pieces, yarn, etc.) onto a paper

5.3 copy a circle or cross onto a piece of paper

Self-help skills

5.3 practice pouring milk/water at meal time

4.10 sorting toys properly during tidy up time

Gross Motor skills

5.4 follow songs with creative movements

5.2 ride a bike using the pedals

Song of the month:

Alphabet Action Chant

(Educator says a line, children repeat)

A B C D — in the morning brush your teeth

E F G H — hurry up and don't be late

I J K L — learn the letters very well

M N O P Q — what we say is what we do

R S T U — you love me and I love you

V W X Y Z — I am proud of myself

With this chant children will not just memorize letters, they will learn self-care routines, time awareness, matching words with actions, emotional safety and self-identity.

How Does Learning Happen?

Learning is a cycle of trying, noticing, and adjusting.



During mealtimes, preschoolers pour milk or water into a cup, it spills, they see what happened, and next time they pour more slowly.

Each thing repeated builds life skills, confidence, autonomy, and real understanding.

Make a Frozen Berry Ice Cream at home

Ingredients:

- 2 cups frozen berries
- 1/3 cup sweetened condensed milk

Let a child pour the frozen berries into a blender

Add the condensed milk

Blend until thick and creamy

- If it's too thick, add a tablespoon of milk
- If it's too sweet, add a squeeze of lemon



Extra fun variations: add a frozen banana for extra creaminess or mix in chocolate chips or granola for texture. Please, share your experience or your recipe with us!