INFANT CALENDAR
November 2026



Skills we will be working on:

Physical Experiences:
- **5.1 Eye-hand coordination**: Bean bag toss, throwing a ball in a hoop
- **5.4 sensory motor integration** – chasing bubbles and reaching to pop them
- **5.1 increasing physical strength through experiences** – Jumping, running, hopping and going up the stairs

Fine motor:
- **5.2 coordination** – putting small objects into a bigger container
- **5.2 pincer grasp** – stick stickers by pealing them and placing them on the paper

Cognitive:
- **4.3 Cause and effect exploration**: exploring what happens when we push buttons on a toy
- **4.6 Object permanence** – encourage searching for toys that move out of sight

Language:
- **3.1 joint attention –** looking at the puppets and pictures with educator during group time
- **3.2 receptive language skills** – responding appropriately to educator's verbal requests

Important dates:

November 1st - Daylight Saving Time Ends

*(Turn clocks backward 1 hour)

November 6th – Picture Day!

November 11th - Remembrance Day

IDEAS TO DO AT HOME

Our little Infants have been enjoying lots of songs and stories about body parts during classroom time. Repetition and referencing them are a great way to have infants engaged and increase joint attention.
Examples you can do with your child to help them recognize their body parts are as follows:

Sing Songs about Body Parts

- The Hokey Pokey
- Head, Shoulders, Knees, and Toes
- If You're Happy and You Know It

Read all about it. Many children's books feature body parts, so pick your favorite author

- Toes, Ears, & Nose by Marion Dane Bauer
- Where Is Baby's Belly Button? by Karen Katz
- My Hands by Aliki Brandenberg

Looking through a mirror

Point to the reflection of your child's body parts in a childproof mirror as you name each one. Giving your toddler a variety of ways to practice identifying body parts will make learning their names more fun for you both.

Friendly Reminder

As November approaches and the weather gets colder, please remember to send your child with layered clothing to keep them warm and comfortable during outdoor play. This includes a warm coat, hat, mittens, splash pants, and waterproof boots. Please remember to label all belongings! Thank you for helping us keep your child comfortable while enjoying the outdoors!

