

INFANT CALENDAR

October 2026



Skills we will be working on:

Physical Experiences:

- **5.1 Eye-hand coordination** - throwing small balls through a hoop
- **5.4 sensory motor integration** – dancing with shakers to action songs

Fine motor Experiences:

- **5.2 coordination** – putting small objects into a bigger container
- **5.2 pincer grasp** – using our creative time to practice holding stickers or pick up smaller art pieces and hold with the index finger and thumb

Language:

- **3.1 joint attention** – looking at a book and pictures with educator during language/group time
- **3.3 expressive language skills** – children are being encouraged to use words or sign language to express their wants and needs.

Important dates:

October 2nd - “Infant Creative Family Event”

October 12th – Thanksgiving (Centre closed)

October 21st – Childcare Worker Appreciation Day

October 31st – Halloween (children are welcome to bring costumes, with a change of clothes)

Classroom news

As we are moving into Fall Season, we expect some rainy days to come with it. With that in mind, we provide some indoor physical

experience activities for our infants to practice their large muscle skills eg. walking, crawling, coordination, body strength etc. The activities can include:

- Using a walker to walk
- Making an obstacle course out of big blocks
- Walking while holding big toys in their hands for body strength and balance
- Tunnel fun to practice crawling and coordination
- Spending time up and down on our indoor climber
- Activity gym to practice tummy time (under 6 months)
- Jumping in a jumper for leg strength
- Riding a big toy car and pushing with feet on the ground/floor

Idea to do at home!

Have your child practice fine motor and problem-solving skills with this simple activity – use tape to secure some small toys or animals to the highchair and let them try to “free” them!



Parent Resources:

<https://www.pinterest.com/pollyannaflower/infant-fall-activities>



Gentle reminder

With the change in season, please make sure your child has different types of clothing available (long sleeves, long pants, sweaters, thin hat), splash pants, rain boots and consider dressing them in layers to enjoy outdoor times comfortably. Label all belongings.

Thank you ☺

