FDK November 2026



Important Dates

Lebanese and Hindu Heritage Month

1st – Daylight Savings Time Ends
6th – Diwali
11th –Remembrance Day
14th – World Diabetes Day
20th – P.A. Day

Events to Check Out:

- 'Tis the Season Children's Art Exhibition (Free)
- Young People's Theatre – Finding Nemo ($$)
- Riverside Holiday Market (Free)
- Distillery Winter Village (Free - $$)
- ESA Holiday Market ($$)
- The Royal Agricultural Winter Fair ($$)
- Cavalcade of Lights (Free)

Self-Help Skills:



As the weather gets colder, children will be wearing additional layers. At childcare, we are encouraging independence by helping children practice skills such as putting on their coats, fastening zippers, and dressing for outdoor play.

We encourage families to continue practicing these skills at home and, when possible, allow an extra 5 to 10 minutes in your routine for your child to dress themselves. Building these skills helps children gain confidence and independence.

What We've Been Working On:



This past month we have been working on a variety of skills, however, two we have been strongly focusing on have been **1.3 Peer Group Entry Skills** and **3.4 Conversing with Peers and Adults**. With the start of the school year has come the new and exciting challenge of meeting new peers and navigating how to initiate play with them. We are working on giving the children the words to ask peers if they can join their play by asking, "Can I play with you?" rather than simply inserting themselves. The group has been doing an amazing job of using this skill! Now, we find ourselves moving on to the challenging task of accepting when peers may say "No" as this skill **1.8 Taking Another Person's Point of View** requires us to think outside of our own wants and consider others. Some of the ways we will be working on this skill is:

- Through the use of dramatic play where the children will have the ability to pretend and take on different roles.
- Labelling our emotions in a variety of situations.
- Using open ended questions when working through conflicts with peers.
- Reading a variety of different books where we can discuss why a character may be feeling a certain way.

Reminders:



✓Children will need both indoor and outdoor shoes daily in order to help us maintain a clean and safe classroom environment.
✓Please check that your child has an extra change of clothes either in their cubby or backpack in case of accidents.