Infant Newsletter 2026
November



Skills we will be working on:

From 4 to 8 months

- trying to grab toys
- turning to the direction of sound
- turning on tummy
- sitting without support
- crawling
- exploring through different senses
- using palmar grasp
- imitating actions ie. clapping, waving
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From 8 to 12 months

- standing with support
- picking and eating finger foods
- increasing strength in different muscles- "dancing" to music
- walking/cruising with support
- pointing to familiar things
- playing simple turn taking games with balls
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From 12 to 18 months

- practicing to use a spoon during lunch
- imitating actions and sounds of animals
- responding to simple requests
- self- help skills.. removing mittens, hat
- recognizing own belongings

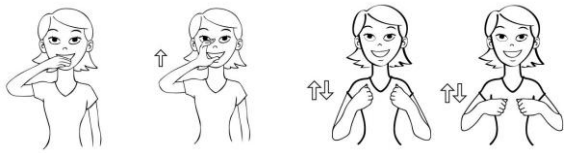
Important Dates

1st - Day light saving time ends
11th - Remembrance Day
20TH – Photo Day (starts at 9:00am)

Rhyme of the month:

Different version of
"If you're Happy and You Know It"

If you're thirsty and you know it, drink your milk
(Sign Drink and Sign Milk)
If you're thirsty and you know it, drink your milk
(Sign Drink and Sign Milk)
If you're thirsty and you know it, and you really want to show it
If you're thirsty and you know it, drink your milk
(Sign Drink and Sign Milk)



Drink **Milk**

Visitors

Victoria and Mehmet come to our room once a week to create fun learning experiences for the infants . Chantell comes alternate Mondays for program enhancement. Karen brings music experiences to the room.



Ideas to do at home:

Our infants really enjoy exploring different sounds. Find different objects in the kitchen. Let them make music with a spoon and pot. Model drumming on different objects. Let your child create music and explore sounds.