



FDK October 2026

As we welcome fall, we see shorter days, longer nights and cooler temperatures. Now is the time to head outside and enjoy the beauty of nature as the leaves begin to change and fall to the ground. We also can't forget the traditional smells of fall: Pumpkin spice and Apple cider!

Important Dates

Women's History Month

2nd – World Smile Day

10th – World Mental Health Day

12th – Thanksgiving (Centre is CLOSED)

21st – Child Care Worker and Early Childhood Educator Appreciation Day

31st – Halloween



Halloween Safety Tips:

Below are some important tips shared by the Canadian Red Cross to ensure Halloween night is both fun and safe:

- Ensure costumes are short enough to prevent tripping
- Try to avoid costumes with masks (opt for face paint instead)
- Cross the street at designated intersections
- Remind children to not eat any treats until they have been inspected by an adult
- Carry a flashlight

Events to Check Out:

- Family Salsa at Montgomery Inn (Free)
- Anga's Farm Fall Fun Fair (\$\$)
- Halloween Pumpkin Hunt at Fort York (\$\$)
- Cookie Decorating at Montgomery Inn (\$\$)
- Riverside Halloween Fest (Free)

All these events and information about them can be found on the link below with the City of Toronto:

https://www.toronto.ca/explore-enjoy/festivals-events/festivals-events-calendar/?event_id=a456d2c0-af29-4d2c-8805-891a095d4c7b&event_name=Riverside%20Halloween%20Fest&calendar_date=2026-10-25T11:00:00-04:00

No-Bake Fall Recipe: Apple Nachos



Ingredients:

Apples, Nut Butter, Chocolate Chips, Shredded Coconut, Cinnamon, Lemon or Lime Juice

Step 1: Wash and dry apples before cutting them into slices about ¼ to ½ an inch

Step 2: Drizzle lemon or lime juice on the apples and then toss it together to coat evenly

Step 3: Layer your apple slices on a serving plate. Try to fan them out to ensure you get a little bit of everything on each slice.

Step 4: Top with the remaining ingredients. Drizzle the nut butter on top of the apples followed by coconut, chocolate chips and cinnamon. ENJOY!

Reminders:

- ✓ If your child(ren) will be absent, please contact the centre either by email or telephone.
- ✓ With the changing weather, children will need both indoor and outdoor shoes daily
- ✓ Please label any belongings coming into the centre with your child's name